## A Place to Be

## Spirituality Center

Accompanying those who seek meaning and purpose and something beyond themselves.

Mid August-December 2020 Newsletter

## In this Issue:

- Discernment
- Social Justice
- Art Retreats
- Fellowship & Fun
   Fun
   Second Second
- ◊ And MORE!



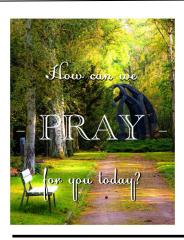
As we begin to reintroduce programming back into our schedule, we want to assure our guests that we are taking all precautions necessary to protect people from the virus. Social distancing guidelines will be followed and we ask that our guests wear masks in accordance with the Governor's orders. If you are not comfortable joining us in person, please let us know. All of our programming will also be available online via Zoom video conference as needed.

As always, we will be keeping our eye on the public health status in Ozaukee County and will cancel programming if necessary. We will do our best to communicate cancellations, but encourage you to call us if you have any questions.



#### COMING SOON: Discipleship Devotionals

Watch our website and social media pages for information about our upcoming Discipleship Devotionals offering. Journey alongside Jesus as you dive deeper into your faith with these readings, and discuss your thoughts in an online discussion group at your leisure. More details to come!



Our programs and retreats can only be offered because of the generosity of our donors. As we strive to provide most offerings on a free-will basis, please consider making a donation to help make our offerings available to everyone. We know this time has been difficult for many. How can we help? What can we do to make this time easier for you? How can we pray for you?



#### How to register:

Go online to www.aplacetobesc.org and click on "Register" link on the program description page. The donation for most events is due at the time of registration.

#### Financial assistance:

If you would like to attend a program but cannot manage the entire donation, please call Kelly Lemens, Director, at (262) 277-1928 or email lemensk@aplacetobesc.org. We are committed to serving everyone on their spiritual journey and will hold your request in confidence.

Social media: Follow us on Facebook and Instagram! www.facebook.com/aplacetobesc www.instagram.com/aplacetobesc

**COVER ART:** Photo taken by Phil Block, a talented and accomplished photographer and good friend of A Place to Be. Phil is a retired corporate trainer and experienced small group leader in area faith communities.



I would imagine that many of us would love to turn the clock back 9 months so that we could return to our pre-Covid-19 life. Covid has certainly provided a watershed moment in history; from here on there will be references to life before Covid and life after Covid. While this has been a challenging and difficult time,

it has also been, for many, a time for tremendous introspection and growth. Things we thought were so important have, perhaps, been re-evaluated and even become more incidental. I know in my own life, I have gained a deeper appreciation for time spent at home with my husband and learning new ways to connect with family and friends.

At A Place To Be, we've been blessed to journey with several through this time, reaching out to connect with those more isolated and finding new, creative ways to be with our community. One common thread has been feelings of loneliness, isolation and loss; and while risks associated with Covid-19 influence how we move forward in our offerings, we have a renewed commitment to provide physical and spiritual space for community to build. We've added Bunko and Bingo games as a way for folks to safely come together and socialize. We've re-vamped our Un-Potlucks to come together for fellowship over a meal. An emerging artists group meets monthly to be creative together while working on a variety of artistic project. These young adults welcome all into their sacred, creative environment. And we are continuing our on-line prayer services to continue connecting through much needed prayer.

The forced isolation has triggered introspection and reflection for many; deep, spiritual questions have emerged out of the stirrings and call us into more authentic relationship with ourselves and the Divine. Consider joining us for The Way of Discerrnment to more deeply connect with these inner stirrings and listen in a more meaningful way. Before we can know

Welcome! Our mission:

A Place to Be accompanies those who seek meaning and purpose and something beyond themselves.

Core Values:

- Sacredness: We believe in every person and all creation dwells the indwelling Spirit.
- $\diamond$ Respect: Acknowledge the dignity, diversity, and worth of each person as a unique image of God.
- $\Diamond$ Community: Through prayer, empathy, listening and sharing, we create a safe, nonjudgmental, peaceful place.
- $\diamond$ Hospitality: Welcome all with compassion, acceptance, and celebration.
- $\Diamond$ Professionalism: Commit to competence, quality, trust, and personal spiritual development.
- $\Diamond$ Emotions: We believe in the authentic sharing of ourselves through laughter, tears and joy.

where our lives are going, we must first reflect on where we've been. Our Step Into Your Story retreat offers the opportunity to look at the significant events in our life and reflect on how they shape who we are today and influence who we are called to be tomorrow. Just Between Us Girls explores one's relationship with a young teen and offers time for sharing stories, discovering common interests and co-creating art together.

Covid hasn't been the only thing disrupting our world; social unrest has challenged almost every community across the nation. Join us as we explore some of these topics from a spiritual standpoint through our social justice book clubs. Jesus and the Disinherited by mystic Howard Thurman and Living Buddha, Living Christ by Thich Nhat Hahn explore how love and nonviolence are the way to move past anger and mistrust into unity and peace.

A Place To Be continues to be a place of respite and compassion for anyone struggling. How can we support you? How can we help you connect with others in a meaningful and safe way? Please let us know; if we can't help perhaps one of our many collaborative partners can. Either way, we will continue to pray for you and for our world. May we all work to bring peace and unity forward.

## Spiritual Living & Support

#### Bereavement Support

Every 1st and 3rd Tuesday 6:30-7:30 pm Facilitators: Kelly Lemens Donation: Free-will offering

The journey through grief is not easy. There is help along the way - it can come from those around you, like family and friends, or others who have experienced grief before you. You'll have the opportunity to process your own unique experience while receiving the comfort and support from others who have personally experienced loss.



#### Online Program Offerings Facilitator: Varies Donation: Varies



Online programs allow for those who cannot make it to our classroom discussions to learn at their own pace,

whenever their schedules allow. Participants will have access to discussion questions that allow dialogue with both the discussion leader and other members of the class.

Current programs available online include: A Journey Through the Bible and The Sacred Art of Fasting

with more to come! Visit our website for more information and to register!

#### Day of Solitude

Based upon availability

Facilitator: Kelly Lemens Donation: \$35, includes optional spiritual companioning session and simple meal



Yearning for a day to unplug and pause from the demands of life? You are invited to spend a day of solitude at the Center where you are given permission to simply BE. Solitude offers a place to listen to and rest in God. Choose a day that works for you. Begin and end the day with prayer with a

Healing Hands, by appointment **Practitioner:** Maria Giordano, HCT **Donation:** \$55 for a one-hour session



Hands on healing is a complementary healing technique for stress-reduction and relaxation to improve health and well-being. Hands on

healing combines deep breathing, meditation, and light touch to bring balance to your body, mind, and spirit. Benefits include: releases stress and pain, calms anxiety and depression, enhances the immune system, improves sleep patterns, and maintains health. Contact Maria book an appointment at mariag@healinghandsenergy.com.

#### (continued)

#### Spirituality Book Clubs

Wednesdays, 6:30-8:00 pm beginning September 9

*or* Thursdays, 9:30-11:00 am beginning September 10

Facilitator: Kelly Lemens

Donation: Varies by selection



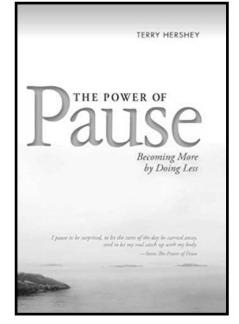
These groups provides encouragement and fellowship for anyone looking to delve deeper into different areas of Spirituality. Join other seekers in studying a faith topic using a variety of genres followed by reflection, discussion, and prayer.

#### The Power of Pause

(Both Wednesday and Thursday groups will read this selection.)

**Donation:** \$20 (includes book)

Covid-19 put a hold on many of our "normal" activities these past several months. Whether you embraced or resisted the slow-down, hopefully you've found blessings in the pause, a bit of peace in the quiet or at least respite from our ceaseless activities. In *The Power of Pause*, Terry Hershey, a popular author and retreat leader, helps us find value and meaning in a simple pause each day. Through powerful stories, inspiring quotes, and everyday opportunities for simplicity, we learn how to embrace and even relish the practice of resting as we take back the life God always intended for us to have. 8-week series.





#### Have you visited our Spiritual Resource Library?

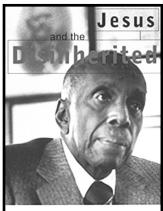




Our library features a variety of books, cd's and dvd's on a multitude of topics, available to check out, to foster personal and spiritual well being.

As we are expanding our library, if you have spiritual books that you would like to give a new home, we are accepting donations. If they do not fit in our library, we will pass donations along to St. Vincent de Paul.

## Spiritual Living & Support



### Social Justice Book Series:

Jesus and the Disinherited

Mondays, 6:30-8:00 p.m.: 9/14, 9/21, 9/28, 10/5, 10/12, 10/19 Donation: \$20 (includes book) Facilitator: Kelly Lemens

HOWARD THURMAN

Acclaimed religious leader Howard Thurman's message in *Jesus and the Disinherited* helped shape the civil rights movement and changed our nation's history forever. Then, as now, we struggled with issues of poverty, racism, and spiritual disengagement. Thurman (1900-1981) demonstrates how the gospel may be read as

a manual of resistance for the poor and disenfranchised. Jesus is a partner in the pain of the oppressed and the example of His life offers a solution to ending the descent into moral deterioration. Hatred does not empower—it decays. Thurman's work reaches past anger and distrust toward a vision of unity: only through self-love and love of one another can God's justice prevail.

### Living Buddha, Living Christ (20th Anniversary Edition)

Mondays, 6:30-8:00 p.m.: 11/2, 11/9, 11/16, 11/23, 11/30, 12/7 **Donation:** \$15 (Includes book) **Facilitator:** Kelly Lemens

Buddha and Christ, perhaps the two most pivotal figures in the history of humankind, each left behind a legacy of teachings and practices that have shaped the lives of billions of people. If they were to meet on the road today, what would each think of the other's spiritual views and practices? This Nhat Hanh, mystic, Buddhist scholar and activist, brings to Christianity an appreciation of its beauty that could be conveyed only by an outsider. In lucid, meditative prose, he explores the crossroads of compassion and holiness at which the two traditions meet, and he reawakens our understanding of both. "Thich Nhat Hanh is more my brother than many who are nearer to me in race and nationality, because he and I see things the exact same way." -Thomas Merton



## A Journey Through the Bible (Zoom Only)

 Saturdays, 9:00-10:30 a.m. Online: 9/12, 9/19, 9/26, 10/3, 10/24, 10/31, 11/7, 11/14

 Donation: Free Will Offering (Registration Required)

 Facilitator: Kelly Lemens

Focusing on the historical books of the Old Testament, this narrative approach to studying the Bible gives

the big picture of salvation history and shows how everything ties together. Based on The Great Adventure Bible Study by Jeff Cavens, we will explore individual events as well as the overall story God's relationship with His people that ties together and makes sense of all the books of the Bible. Once we get a grasp of this "big picture," Scripture comes to life and makes sense; we begin to see how our lives fit in God's loving plan. All are welcome—no previous Bible study experience necessary.



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### The Way of Discernment

Thursdays, 6:30-8:00 p.m.; 10/1, 10/8, 10/22

Donation: Free-will offering (Registration REQUIRED)

#### Facilitator: Kelly Lemens

How can we live thoughtful and faithful lives in the midst of all the forces, options and decisions that characterize modern life? Discernment is the Christian practice of seeking God's call in the midst of the decisions that mark one's life. Join us as we explore the discernment process and learn helpful practices to help us become increasingly perceptive of God's work in the world so that we might live more holistic, discerning lives in response.

### Step Into the Story

Thurs, 6:30-8:00 p.m.; 11/5, 11/12, 11/19 **Donation:** Free-will offering (Registration REQUIRED)

Facilitator: Kelly Lemens

Sharing our stories is how we get to know each other. *We are the stories we tell ourselves.* What does the story you are telling say about you? Join us for a day of reflection and storytelling. We will begin with attending to "the story that holds us" then move to constructing "the story we hold," then awaken to the realization that "we are being held." You will be offered simple tools to empower you to step into your own story and to move toward your vision for your life. Each session includes discussion, reflection and artistic expression of your journey.



## Bible Study: Paul's Letters

Tues, 6:30-8:00 p.m.; Ongoing, Join at any time We will begin our study of 1 Corinthians on 9/22.

**Donation:** Free-will offering (Registration REQUIRED)

#### Facilitator: Kelly Lemens

Perhaps more than any other figure in early Christianity, Paul stands out as one who catapulted the Gospelmovement to a new level by virtue of his mission to non-Jews. Throughout his missionary travels, Paul established Christian communities all over the known world. The earliest New Testament writings consist of Paul's letters to these communities to address questions and issues that arose. Unique among Paul's letters, however, is his Letter to the Romans. In this Epistle, Paul introduces himself and his spirituality to a community he did not establish and hasn't yet met. We begin our study of Paul's letters here, getting to know this Apostle to the Gentiles as he would like to be introduced and learn his perspective on sin and the need for Christ's sacrifice, faith, righteousness, baptism, being led by the Holy Spirit and living a Christian life.



### Fireside Chats Series is a Big Hit!

Article by Chris Lear

In some ways, we are all spiritual wanderers. Matters of faith, deeply embedded in religious institutional practices are being looked at today in new ways. Many of us are searching for meaning, wholeness and the Divine in new, fresh ways too. Along the way we discover there are lots of other people who have wandered this way before, and we find that if we



listen and engage in dialogue with those fellow "pilgrims", we can learn about spiritual practices and insights which may be of great value to us.

Our summer "Fireside Chat" series seeks to provide answers to questions people have about someone else's spiritual beliefs or practices. Our ten weeks of dialogue (on Wednesday evenings) is bearing fruit with Holy Spirit sized benefits to many people. Here are some examples of what I mean: Pastor Alexis Tweto started our summer, sharing her experiences on social justice work in the inner city. At this time, communities of people want to show their support in new ways. Alexis has been called to lead Advent Lutheran Church in Cedarburg, a church deeply invested in social justice.

Brenda Peterson taught us that angels are more involved in our lives than we know. I gained a sense of comfort in learning that thanks to the angels, I am truly never alone. Ever wanted to learn more about how God is reaching those in prison? Pastor Mark Thompson shared how this powerful ministry is embedded in prison facilities with the goal of being a spiritual presence for inmates, both in and out of prison. A big component of what they do is worship, bible study and helping to prepare men to return to society. That!.....is important work!

Lindsey Smith truly had some life experiences worth sharing. Her struggles with faith growing up, led to an epiphany at age 25 where the Holy Spirit came into her life during a "born again" experience. Lindsey has a big heart, demonstrating her love for others through natural and faith healing practices. Healing through love is her biggest strength. Native American Richard Loliwayntati Gonzalez drew parallels for us between the spiritual and faith practices of his people, and that of Christianity. He teaches more about what the two faith traditions have in common than what is different. A study of both will make us all the richer for it.

These are but a few of the outstanding speakers in this series. I urge you to attend and prepare to be enlightened. Or....check out our website, where you can find all the chats you've missed on line. Our series extends through the end of August.



Did you know A Place to Be has a YouTube channel? Tune in for prayer services, retreats and more. If you missed any of our Fireside Chat speakers, you can also view the full length videos here. To find our channel, visit www.youtube.com and

search for A Place to Be Spirituality Center.

## Retreats

### Sgraffito Workshop

Thursday, October 15 6:00-8:00 p.m. Suggested Donation: \$25 Presenter: Barbara Dickmann



Create a beautiful design on a ceramic tile using the Sgraffito technique – scratching through a dark, painted surface to reveal the clean, light colored clay underneath. Select from several simple designs or bring your own.

### Just Between Us Girls

Saturday, October 17; 9:00 a.m.-3:00 p.m. Suggested Donation: \$25/participant, includes lunch

Facilitators: Kelly Lemens & Jenny Mitchell



Moth-

ers and daughters share a special bond. There is something beautiful and unique about the Mother-Daughter relationship. What better way to celebrate it than with a fun Mother-Daughter retreat! Join us for a special day of prayer, storytelling, games, art and more! This retreat is intended for middle-school girls along with their Mom, Grandma or other significant woman in their lives.

### Advent Day of Reflection: Journey to the Star



Saturday, December 5; 9:00 a.m.-1:00 p.m.

#### Suggested Donation: \$25

Facilitators: Kelly Lemens & Jenny Mitchell

Building on our Advent readings, our journey begins with the directive to "Stay alert!", something new is coming! We then meet John the Baptist, who warns us to change our hearts and minds to ready ourselves for what is coming. Examining our hearts, we ponder what must be let go and what must be held on to in order for us, like Mary, to give God our ultimate "YES!" Join us as we journey through Advent with prayer, reflection, small group sharing and artistic expression. Explore how your Advent journey could deepen your experience of Christmas this year.

If you see something that you would like to participate in and cannot afford to pay the full donation price, please contact Kelly Lemens, Director, at 262-277-1928 or email lemensk@aplacetobesc.org. We are committed to serving everyone on their spiritual journey and will keep your request in confidence.

## Socials

### Community Bunco Nights

Mondays, 6:00-8:00 p.m.: 9/28, 10/26, 11/23, 12/28 Facilitators: Jenny & Kenny Mitchell Donation: Free-will offering



Are you ready for some crazy, fun socializing with a simple game that is easy to learn? Join us for our Community Bunco Nights! Every player will have their

own set of dice (provided) to minimize germ transmission, and we will honor social distance guidelines with lots of sanitizer and antibacterial cleaning supplies. Please contact Jenny Mitchell with any questions: mitchellj@aplacetobesc.org, 414-339-0561.

No registration needed.



#### BINGO

Tuesdays, 2:00-3:30 p.m. beginning 9/8 Facilitator: Varies Donation: Free-will offering

Join us on Tuesday afternoons for Bingo and fellowship! We look forward to hosting this daytime gathering, where social distancing guidelines will be practiced. Guests will be given disposable paper Bingo cards and pens to do their marking. **No registration needed**.



### Friday Art Fun Nights

Fridays, 6:30-8:30 p.m.: 9/18, 10/16, 11/20, 12/18 Facilitators: Varies Suggested Donation: \$15

TGIF! At the end of the week, don't we all deserve to relax, enjoy amazing company, and let our creativity shine? Join us for our Friday Art Fun Nights, where we welcome guests to participate in an evening of art and refreshments. Each month we will feature an instructor-led art project with supplies on hand for anybody who would like to join us in creativity and friendship. Whether you are a seasoned artist or have no art experience, we would love to welcome you for socialization and self expression at our Friday Art Fun Nights!

Registration requested so we can make sure we have enough supplies.

## Fishes & Loaves (UN)Potluck & Game Night

Fridays, 5:30 - 9:00 pm: 10/2, 12/4 **Donation:** Free-will offering

Join us for food, fellowship, and friendship. **Bring your own pre-packaged meal**, and have a socially distanced evening of friendship with the A Place to Be community. Beverages will be

provided. Social distance guidelines will be practiced. **No registration necessary.** 





NEW! Join the "Fresh Art" Creative Group! Open to young emerging artists 21 and over interested in making art in a group setting. The group meets the first Thursday of every month from 6 - 8 pm and is sponsored by the Cedarburg Artists Guild and APTB. If you are interested, please contact Sophia for more information or to register: sophia@worththepaint.com. Free will offering.

## Contemplative Practices

Contemplation is simply resting in Divine love. It is a way of placing ourselves in the presence of the

Divine and opening ourselves to the Divine's presence and action. Rather than resist or reject all the mind's activity, contemplation helps us disengage from or not be distracted by active thoughts through various forms of focus or mental discipline. Most Christian and non-Christian traditions promote some form of contemplation, such as Prayer of Faith, Prayer of the Heart, Pure Prayer, Prayer of Simplicity, Prayer of Simple Regard, Active Recollection, Active Quiet, Mindfulness Meditation, and Acquired Contemplation. We hope you will join us!



### Contemplative Practice - Online

Mondays, Wednesdays and Fridays, 4:00 p.m.

Tune in on Facebook Live, where Kelly will lead visitors in Contemplative Practice via live video.

### Day of Solitude

Based upon availability

Facilitator: Kelly Lemens Donation: \$35, includes optional spiritual companioning session and simple meal



Yearning for a day to unplug and pause from the demands of life? You are invited to spend a day of solitude at the Center where you are given permission to simply BE. Solitude offers a place to listen to and rest in God. Choose a day that works for you. Begin and end the day with prayer with a Spiritual Companion. You will be offered a private, comfortable room and a simple meal. Options include attending Daily Prayer, using our art supplies, enjoying a walk, and meeting with Kelly Lemens, Spiritual Companion, if you wish.

## Friends of the Center

A Place to Be Spirituality Center relies on donations to keep our programs, retreats, and spiritual companioning affordable and accessible to all who seek support. With your support, we can continue offering life-changing programs and retreats to meet the spiritual needs of adults, offering hospitality, peace, hope, gentle care. Whether you've contributed in the past or are ready to make a first-time gift, would you consider making a monthly gift? Year-round, consistent support is vital to sustaining our ministry.

Friends of the Center is a monthly giving program that fits your budget. You decide the amount of your gift and authorize your bank to transfer that amount from your checking account directly to A Place to Be Spirituality Center. It's that easy! Not only is it convenient and safe, but your donation goes further by reducing administration, postage, and paper costs.

You can designate your gift to our scholarship fund or to our general donation fund. Either way, know that you are helping others on their path to connecting with God, meaning, and wholeness. Thank you for your generosity.

For more information and an enrollment form, visit www.aplacetobesc.org and click on *Support Us* button or call (262) 277-1928.

Over these past few months, A Place to Be has found itself, like many, in the midst of unique challenges. The need to serve did not end, and in fact became more necessary for our friends and community.

One of the challenges we faced was interacting with individuals either socially distanced or remotely. In response a number of our programs and events were offered virtually via Facebook Live and YouTube. What we discovered through this, is that the virtual world is beyond our traditional physical boundaries of Saukville/Port Washington, even beyond Ozaukee County. Because of the virtual offerings, A Place To Be is now serving people across America, and indeed across the globe.

The real discovery is that APTB is being called to serve no matter where our neighbors and friends are located, and therefore, many of the programs and events that you see in this newsletter are being offered both in-person and virtual.

During this time, we have also searched for other ways to reduce barriers. The APTB Leadership team has recommended that as many programs as possible be offered as a 'Free Will Offering'. This allows participants to contribute only what they can afford. Through the generous support of our friends in the APTB community we believe that this opens the door to many that may not have otherwise been able to participate.

We encourage you to share this newsletter and invite your friends to signup and participate for one of our many offerings.

We thank you for your support and participation at A Place To Be and we look forward to seeing you (maybe virtually) at our next event.

Mark Goeden, APTB Leadership Team Member

#### Where to Find Us

*A Place to Be* Spirituality Center is located in Parkside Community UCC Building next to Grady Park on W. Dekora St. in Saukville.

Enter under the awning in the back of the church.

Hours of operation: Monday - Thursday: 10:00 am - 6:00 pm Other times by appointment. Telephone: (262) 277-1928 Email: information@aplacetobesc.org Website: www.aplacetobesc.org

### **IMPORTANT INFORMATION**

#### **Registration Process**

Please visit the *A Place to Be* Spirituality Center website at www.aplacetobesc.org to register for each session. The donation is required at the time of registration, If you would like to pay in installments or register by phone, please call (262) 277-1928 or send an email to information@aplacetobesc.org. We accept credit cards, personal checks and cash for all registrations not completed online. The donation must be made in full prior to the start of the program to be a confirmed participant.

#### **Refund Policy**

Cancellations made at least 48 hours before the start time of an event will qualify for a refund.

#### **Registration Deadlines**

Many programs/retreats have a registration deadline. This will help us make important decisions regarding the status of the program/retreat. Many programs fill quickly; early registration is recommended to guarantee placement. Prompt registration also help reduce the possibility that a program or retreat might be canceled due to insufficient enrollment, an issue that inconveniences both participants and presenters.

#### **Scholarship Information**

We honor and respect everyone in their search for spiritual healing, growth and renewal and will not turn anyone away because of inability to pay. Our scholarships are based on need and the type of program or retreat. We give scholarships to anyone who asks for financial assistance for spiritual direction and partial scholarships for programs or retreats. Please contact us for more detailed information about scholarships and payment options for specific retreats and programs.

Our Leadership Team



Dan Becker



Barbara Bode



Barb Dickmann



Chris Lear

Karen Becker



Bob Burant



Mark Goeden



Fr. Patrick Wendt

Our Staff



Kelly Lemens Director



Jenny Mitchell Marketing Coordinator

Spiritual Companioning

Spiritual companioning is the process of sharing one's sacred stories with a trained, compassionate listener. It can be helpful to anyone seeking spiritual growth, healing, or a deeper connection with God and others. It is a time-honored practice of compassionate, non-judgmental listening to another in a safe setting where what is shared is held with reverence and confidentiality.

A trained spiritual companion will listen intently, patiently, and confidentially as you share your sacred stories. Your spiritual companion will journey with you as you navigate through life's complexities and transitions, and be a trusted guide as you discover your inner wisdom. Spiritual companions do not offer counseling, advice, or problem solving. Rather, they accompany you as you explore your own spiritual path.

#### Why Spiritual Companioning?

Seeking God is a universal human quest - common to all ages and to all cultures. Growth in the quest for God happens when we pray with honest, authentic desire. The spiritual companion helps an individual to sort out the various desires in their life and to recognize and respond to their desire for God. Do you desire a compassionate, non-judging listener? Do you long to grow spiritually and communicate with God? Qualified spiritual companions can help you place yourself freely before God and reflect on your life experiences. Spiritual companions are often thought of as "trained listeners," or people who guide you to discover what is already within you.

Typically, spiritual companioning is one hour long and occurs monthly and/or during a directed retreat.

Suggested donation is \$50 per hour. If the donation is beyond your means, please request a scholarship. No one will be turned away because of the inability to pay.

#### **Our Spiritual Companions**

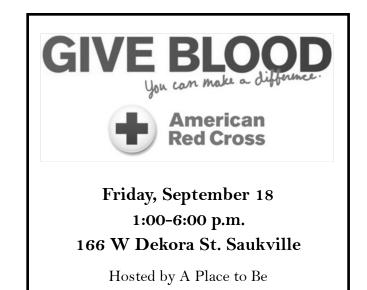


Kelly Lemens lemensk@aplacetobesc.org



Ruth Hoenick 1raheducate@gmail.com

Please check out detailed biographies on each of our Spiritual Companions at www.aplacetobesc.org.



## Calendar of Events

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SEPTEMBER	Tues. 9/1	Bingo, 2:00 p.m.	Mon. 9/14	Social Justice Bk Club, 6:30 p.m.	Tues. 9/22	Bingo, 2:00 p.m.
		Bereavement Support, 6:30 p.m.	Tues. 9/15	Bingo, 2:00 p.m.		Bible Study, 6:30 p.m.
	Wed. 9/2	Spirituality Book Club, 6:30 p.m.		Bereavement Support, 6:30 p.m.	Wed. 9/23	Spirituality Book Club, 6:30 p.m.
	Fri. 9/4	Fishes/Loaves Potluck, 5:30 p.m.	Wed. 9/16	Spirituality Book Club, 6:30 p.m.	Thurs. 9/24	Spirituality Book Club, 9:30 a.m.
	Tues. 9/8	Bingo, 2:00 p.m.	Thurs. 9/17	Spirituality Book Club, 9:30 a.m.	Sat. 9/26	Journey Thru the Bible, 9:00 a.m.
		Bible Study, 6:30 p.m.	Fri. 9/18	Blood Drive, 1:00-6:00 p.m.	Mon. 9/28	Bunco Night, 6:00 p.m.
	Wed. 9/9	Spirituality Book Club, 6:30 p.m.		Friday Art Fun Night, 6:30 p.m.		Social Justice Bk Club, 6:30 p.m.
	Thurs. 9/10	Spirituality Book Club, 9:30 a.m.	Sat. 9/19	Journey Thru the Bible, 9:00 a.m.	Tues. 9/23	Bingo, 2:00 p.m.
	Sat. 9/12	Journey Thru the Bible, 9:00 a.m.	Mon. 9/21	Social Justice Bk Club, 6:30 p.m.	Wed. 9/30	Spirituality Book Club, 6:30 p.m.
OCTOBER	Thurs. 10/1	Spirituality Book Club, 9:30 a.m.	Mon. 10/12	Social Justice Bk Club, 6:30 p.m.	Wed. 10/21	Spirituality Book Club, 6:30 p.m.
		Discernment, 6:30 p.m.		Bingo, 2:00 p.m.	Thu. 10/22	Spirituality Book Club, 9:30 a.m.
	Fri. 10/2	Fishes/Loaves Potluck, 5:30 p.m.		Bible Study, 6:30 p.m.		Discernment, 6:30 p.m.
	Sat. 10/3	Journey Thru the Bible, 9:00 a.m.	Wed. 10/14	Spirituality Book Club, 6:30 p.m.	Sat. 10/24	Journey Thru the Bible, 9:00 a.m.
	Mon. 10/5	Social Justice Bk Club, 6:30 p.m.	Thu. 10/15	Spirituality Book Club, 9:30 a.m.	Mon. 10/26	Bunco Night, 6:00 p.m.
	Tues. 10/6	Bingo, 2:00 p.m.		Sgraffito, 6:30 p.m.	Tues. 10/27	Bingo, 2:00 p.m.
		Bereavement Support, 6:30 p.m.	Fri. 10/16	Friday Art Fun Night, 6:30 p.m.		Bible Study, 6:30 p.m.
	Wed, 10/7	Spirituality Book Club, 6:30 p.m.	Sat. 10/17	Just Between Us Girls, 9:00 a.m.	Wed. 10/28	Spirituality Book Club, 6:30 p.m.
	Thurs. 10/8	Spirituality Book Club, 9:30 a.m.	Mon. 10/19	Social Justice Bk Club, 6:30 p.m.	Thur. 10/29	Spirituality Book Club, 9:30 a.m.
		Discernment, 6:30 p.m.	Tues. 10/20	Bingo, 2:00 p.m.	Fri. 10/31	Journey Thru the Bible, 9:00 a.m.
				Bereavement Support, 6:30 p.m.		
NOVEMBER	Mon. 11/2	Social Justice Bk Club, 6:30 p.m.	Tues. 11/10	Bingo, 2:00 p.m.	Wed. 11/18	Spirituality Book Club, 6:30 p.m.
	Tues. 11/3	Bingo, 2:00 p.m.		Bible Study, 6:30 p.m.	Thu. 11/19	Spirituality Book Club, 9:30 a.m.
		Bereavement Support, 6:30 p.m.	Wed. 11/11	Spirituality Book Club, 6:30 p.m.		Step into the Story, 6:00 p.m.
	Thurs. $11/5$	Spirituality Book Club, 9:30 a.m.	Thu. 11/12	Spirituality Book Club, 9:30 a.m.	Fri. 11/20	Friday Art Fun Night, 6:30 p.m.
		Step into the Story, 6:00 p.m.		Step into the Story, 6:00 p.m.	Mon. 11/23	Bunco Night, 6:00 p.m.
	Fri. 11/6	Fishes/Loaves Potluck, 5:30 p.m.	Sat. 11/14	Journey Thru the Bible, 9:00 a.m.		Social Justice Bk Club, 6:30 p.m.
	Sat. 11/7	Journey Thru the Bible, 9:00 a.m.	Mon. 11/16	Social Justice Bk Club, 6:30 p.m.	Tues. 11/24	Bingo, 2:00 p.m.
	Mon. 11/9	Social Justice Bk Club, 6:30 p.m.	Tues. 11/17	Bingo, 2:00 p.m.	Tues. 11/24	Bible Study, 6:30 p.m.
				Bereavement Support, 6:30 p.m.	Mon. 11/30	Social Justice Bk Club, 6:30 p.m.
DECEMBER	Tues. 12/1	Bingo, 2:00 p.m.	Mon. 12/7	Social Justice Bk Club, 6:30 p.m.	Wed. 12/16	Spirituality Book Club, 6:30 p.m.
		Bereavement Support, 6:30 p.m.	Tues. 12/8	Bingo, 2:00 p.m.	Thu. 12/17	Spirituality Book Club, 9:30 a.m.
	Wed. 12/2	Spirituality Book Club, 6:30 p.m.		Bible Study, 6:30 p.m.	Fri. 12/18	Friday Art Fun Night, 6:30 p.m.
	Thurs. 12/3	Spirituality Book Club, 9:30 a.m.	Wed. 12/9	Spirituality Book Club, 6:30 p.m.	Tues. 12/22	Bingo, 2:00 p.m.
	Fri. 12/4	Fishes/Loaves Potluck, 5:30 p.m.	Thu. 12/10	Spirituality Book Club, 9:30 a.m.	Tues. 12/22	Bible Study, 6:30 p.m.
	Sat. 12/5	Advent Reflection, 9:00 a.m.		Bingo, 2:00 p.m.	Mon. 12/28	Bunco Night, 6:00 p.m.
			Tues. 12/15	Bereavement Support, 6:30 a.m.		

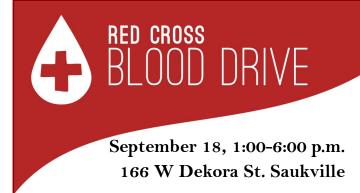
GIVINGTUESDAY

Mark your calendars! A Place to Be will once again be participating in Giving Tuesday. More information will be available on our website and social media pages as the day approaches.

#### Weekly online offerings

Kelly offers livestreamed offerings on Facebook Live every week. **Tune in to join us:** Prayer Reflection Services, Tues/Thurs at Noon Praying with Beads, Mon/Wed at Noon Contemplative Practice, Mon/Wed/Fri at 4:00 p.m.

## **Community Connections**





In a world that often feels more divided than ever, we continue to pray for peace and unity: in our homes, our communities, our country and our world. Please join us in this effort.

If you are involved with an organization that is committed to peace and unity and would like our support in your efforts, please reach out.



# THANK YOU!

We are so fortunate to be able to work with so many phenomenal churches and organizations in our community! Over the past year we have enjoyed collaborating on several events, including:

Ecumenical Thanksgiving Prayer Service Ecumenical Good Friday Prayer Service Lighthouse Youth Ministry Prayer Retreat Fireside Chats Series

If your organization would like to become involved in our community efforts, please let us know! ALL are welcome!

#### For information about community events, visit: www.aplacetobesc.org/calendar-of-events.html



We are so fortunate to be able to continue to provide the programs, retreats and social offerings to our community thanks to the generous donors and community partners that support our efforts. THANK YOU to everybody who has donated money, time and effort into helping us do the work that we do! We are truly grateful! Physical address: 166 W. Dekora St. Saukville, WI Inside the Parkside UCC Community Building (Entrance under the awning by the parking lot.)

> Mailing address: 1800 N. Wisconsin St. Port Washington, WI 53074

Phone: (262) 277-1928 Website: www.aplacetobesc.org Email: information@aplacetobesc.org Facebook: www.facebook.com/aplacetobesc Instagram: aplacetobesc